Zachery Dereniowski

Founder of MDMotivator | Global Humanitarian | Inspirational Speaker

MOTIVATION & INSPIRATION · KINDNESS & HUMAN CONNECTION · RESILIENCE · MENTAL HEALTH · PURPOSE · EMPATHY

THE PITCH

70 million+ people follow MDMotivator for one reason: Zachery makes people feel seen. On stage he shares the stories behind the kindness, and why you don't need to change the world to change someone's world.

FULL BIO

Zachery Dereniowski has built a global following of 70 million+ people by doing something remarkably simple: making people feel seen.

Known to millions as MDMotivator, the Windsor, Ontario native has become one of the most recognizable voices for kindness and human connection on social media, with nearly 30 million followers on TikTok and approximately 10 million on Instagram.

But behind the viral videos and extraordinary acts of generosity is a story of personal struggle, reinvention and an unexpected path to purpose.

While studying medicine in Australia, Zachery experienced serious challenges with his mental health, including depression and isolation. He eventually made the difficult decision to walk away from the career he'd spent years pursuing.

He began sharing his experiences online, speaking openly about the challenges people face and the importance of knowing we're not alone.

What happened next was extraordinary.

Zachery began approaching strangers, listening to their stories and finding ways to make a difference in their lives. Sometimes that meant offering a few words of encouragement. Other times, it meant rallying millions of people to help someone facing unimaginable circumstances.

His videos have reached audiences around the world, raising significant funds for individuals and families in need and inspiring countless others to pay kindness forward.

But what makes Zachery's work so powerful isn't simply the generosity.

It's his ability to connect with people. To see something in someone that others might overlook. To turn an ordinary encounter into a moment that neither person will ever forget.

And it's a message that resonates far beyond social media.

Today, Zachery shares his remarkable journey with audiences around the world, drawing on his own experiences and the unforgettable stories of people he's met along the way.

His presentations are emotional, uplifting, funny at times, and grounded in real experiences. He speaks about resilience, finding purpose, the importance of human connection and the extraordinary impact we can have on others.

At the heart of Zachery's message is a powerful reminder that you don't need to change the world to change someone's world.

CONNECT

Website · spokenartists.com/speakers/zachery-dereniowski
Instagram · instagram.com/mdmotivator
YouTube · youtube.com/mdmotivator
TikTok · tiktok.com/@mdmotivator

SIGNATURE KEYNOTES

The Power of One — How One Person Can Make an Extraordinary Difference

What if the smallest thing you did today became the most important moment in someone else's life?

Through unforgettable stories from his encounters with strangers around the world, Zachery shares what he's learned about generosity, empathy and the incredible things that happen when people choose to show up for one another.

This is a powerful, uplifting keynote about recognizing the opportunities we all have to make a difference, regardless of who we are or what we do.

More Than a Million Followers — Finding Purpose, Building Connection & Making an Impact

Zachery never set out to build an audience of millions. He was simply looking for a way to share what he was going through and connect with people who might be experiencing something similar.

Today, his work reaches millions of people every day.

In this keynote, Zachery shares the unlikely journey from medical student to global humanitarian, including the setbacks, difficult decisions and moments that changed everything.

It's an inspiring story about finding your own path, staying true to what matters and discovering that success can look very different from what you originally imagined.

You Never Know What Someone Is Going Through — Resilience, Mental Health & the Importance of Human Connection

Everyone has a story. Most of it, we never see.

Drawing on his personal experiences with depression and the thousands of conversations he's had with people from all walks of life, Zachery explores the struggles people often carry quietly and the difference a genuine human connection can make.

Through honest storytelling and real-life encounters, he encourages audiences to approach themselves and others with greater empathy, openness and understanding.

IMAGE LIBRARY

Original high-resolution color files are included alongside this PDF in the ZIP download.



PORTRAIT



STAGE

BOOK THIS SPEAKER

To check availability, request a hold, or confirm a date for **Zachery Dereniowski**, email either of the following:

- **pjosic@spokenartists.com**
- **vtudorache@spokenartists.com**

Full digital profile, video reel, and additional press-kit assets: **spokenartists.com/speakers/zachery-dereniowski**